

Diversity Resource Guide





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About This Guide
OHSU’s Center for Diversity & Inclusion (CDI) offers this Diversity Resource Guide for general information only. CDI is not endorsing or warranting any of the services or service providers listed in this guide.

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WELCOME

OHSU's Center for Diversity and Inclusion created this guide as part of our warm welcome to everyone within OHSU's diverse community of students, staff and faculty.

We hope you'll use it to build relationships, connect with new people, organizations and networks, and explore the places that make the Portland-area and Oregon special.

If you're new to Portland or the OHSU community, the guide will help you get your bearings, connect with a diverse array of resources, and discover the many services and opportunities available throughout the area. If you're already familiar with Portland or OHSU, chances are you'll discover new places to visit, networks to link to and services to meet your needs.

We invite you to visit the Center for Diversity and Inclusion and take advantage of the many resources we offer.

Welcome to the OHSU community!

Leslie D. Garcia, M.A., Vice Provost and Assistant Chief Diversity Officer, and Director, Center for Diversity & Inclusion; and Dr. Norwood Knight-Richardson, M.D., M.A., M.B.A., OHSU Vice President, Chief Administrative Officer and Chief Diversity Officer

DIVERSITY AT OHSU

At OHSU, we embrace the full spectrum of diversity, including age, color, culture, disability, ethnicity, gender identity or expression, marital status, national origin, race, religion, sex, sexual orientation, and socioeconomic status. We respect and support diversity of thought, ideas and more.

COMMITMENT TO INCLUSION

To fully leverage the richness of our diversity at OHSU, we must create, maintain and promote a community of inclusion. Inclusion means we honor, respect, embrace and value the unique contributions and perspectives of all employees, patients, students, volunteers and our local and global communities. It also includes removing barriers to individual success.

OHSU Equal Opportunity Policy No. 03-05-030

Learn more about Center for Diversity & Inclusion services at www.ohsu.edu/diversity or call 503 494-5657.

CENTER FOR DIVERSITY & INCLUSION

The Oregon Health and Science University (OHSU) Center for Diversity & Inclusion leads and supports university-wide initiatives to create an environment of respect and inclusion for all people. At OHSU, we believe diversity means creating a community of inclusion. CDI is dedicated to fostering partnerships to enhance OHSU's mission of healing, teaching, research and community services. Offering a range of resources and services, CDI is committed to supporting an environment where students, staff and faculty from socially and economically disadvantaged and historically disadvantaged populations can thrive and maximize their potential for creativity, innovation, and educational excellence.

WHAT WE DO: PROGRAMS AND SERVICES

Consultation

CDI serves as a resource hub for the OHSU community on matters related to diversity and inclusion across campus. We help navigate policies, develop communication tools and materials, offer diversity best practices in teaching and learning, and connect you with community resources.

Cultural Competency Lecture and Events

CDI brings diverse speakers who address a wide range of issues related to culture, race, gender, sexual orientation, social class and economic situation, and their congruence with health disparities and access to care. Social gatherings to celebrate OHSU coming together for networking and community outreach.

Employee Resource Groups

An employee resource group (ERG) is an OHSU-sponsored, employee-managed group of staff, faculty and students who share a similar background. ERGs create opportunities for career development, social support, networking, and community participation. Established groups include:

- African American
- Asian Pacific Islander
- Disability
- International
- Latinos Unidos Organization
- Native American
- OHSU Pride

Diversity Advisory Council *

Comprised of staff, faculty and student representatives from all the university's mission areas, the Diversity Advisory Council (DAC) advises OHSU's president and leadership team on enhancing diversity, cultural competency and opportunity throughout the university.

Student Interest Groups

CDI works closely with diverse student interest groups to provide mentoring, support, and funding

- Asian Pacific American Student Association
- Latino Medical Student Association
- Student National Medical Association
- Students for LGBTQ Health
- Students of Islam and Medicine Society
- OHSU Student Diversity Committee

Student Pipeline Programs

Summer Research Internship

OHSU's Summer Equity Research Program offers a paid internship opportunity for undergraduate students to receive career mentoring and shadowing opportunities from OHSU faculty members during the summer.

Health & Science Conference

OHSU hosts an annual conference for high school and college students who want to pursue a career in health sciences. CDI brings more than 400 students from diverse backgrounds to hear student and faculty panels on fields of study and career paths in health care and research.

Hands-On Research Experience

The Ted R. Lilley Cancer Continuing Umbrella of Research Education (CURE) Project targets high school students to provide hands-on research experience and science exposure to increase participation of historically underserved and disadvantaged students in biomedical research and health-related fields.

** The Diversity Advisory Council is co-led by CDI and OHSU's office of Affirmative Action and Equal Opportunity.*

OREGON & PORTLAND INFORMATION

211info

www.211info.org

Health and social services resources across Oregon.

City of Portland

www.portlandonline.com

The official website of the City of Portland. Discover up-to-date news for your local neighborhood, jobs, education and business information.

County Government

The official websites of the state's most populous counties.

Multnomah County

www.multco.us

Washington County

www.co.washington.or.us

Clackamas County

www.clackamas.us

City Search

www.portland.citysearch.com

Find the best business, restaurants, hotels and shopping centers in your city, as recommended by expert scouts.

Neighborhood Notes

www.neighborhoodnotes.com

Local news and event source for neighbors and independent businesses.

Oregon Blue Book

www.bluebook.state.or.us

The official state fact book about all levels of government in Oregon, and more.

Rose City Resource Guide

www.rosecityresource.org

Guide to public services and assistance programs in the Greater Portland area.

Travel Oregon

www.traveloregon.com

Oregon attractions, history, natural wonders, and recreational activities.

Travel Portland

www.travelportland.com

Learn about conventions, events, meetings and tourism by visiting Travel Portland.

State of Oregon

www.oregon.gov

The official web page for the State of Oregon is designed to provide you with an easier way to find what you need from Oregon state government.

Oregon Facts

quickfacts.census.gov

Review census data, interactive maps, population facts, economic census, income, school information and more.

Oregon Interactive Corporation

oregon.com

A comprehensive website of everything there is to see and do in the state.

Media Resources

Oregon Public Broadcasting

www.opb.org

Find TV, radio, and online news through OPB's website.

Oregon Live

www.oregonlive.com

Find all news related to Oregon on The Oregonian's website.

Say Hey! with Partners in Diversity

Partners in Diversity hosts Say Hey! events four times a year to honor new minority professionals relocating to the Oregon and southwest Washington area. The event is a great way to meet new people and get introduced to Portland's multicultural community. Bookmark the Partners in Diversity website for the next Say Hey!

www.partnersindiversity.org

Willamette Week

www.wweek.com

Covers news, politics, culture, and events in Portland.

Portland Tribune

portlandtribune.com

Find the largest source of local, Portland news here.

KBOO

kboo.fm/program

A wide variety of multicultural radio programs.

COMMUNITY ORGANIZATIONS

African American Health Coalition

2800 N Vancouver Ave. #100
Portland, OR 97227
503.413.1850
www.aahc-portland.org

American Red Cross PDX

3131 N Vancouver Ave
Portland, OR 97227
503.284.1234
www.redcross.org/or/portland

Andisheh Center

P.O. Box 1235
Portland, OR 97207
503.862.8362
www.andisheh.org

Arab American Cultural Center of Oregon

1332 SW Custer Dr.
Portland, OR 97219
503.550.5645
www.araboregon.org

Asian Health & Service Center

3430 SE Powell Blvd.
Portland, OR 97202
503.872.8822

12500 SW Allen Blvd.
Beaverton, OR 97006
503.641.4113
www.ahscpdx.org

Asian Pacific American Network of Oregon

240 N Broadway, Suite 215
Portland, OR 97227
971.340.4861
www.apano.org

Basic Rights Oregon

310 SW 4th Ave. Suite 300
Portland, OR 97204
503.222.6151
www.basicrights.org

Black United Fund of Oregon

2828 NE Alberta St.
Portland, OR 97211
503.282.7973
www.bufor.org

Cascade AIDS Project (CAP)

208 SW 5th Ave. #500
Portland, OR 97204
503.223.5907
www.cascadeaids.org

Causa Oregon

700 Marion St. NE
Salem, OR 97301
503.409.2473
1.855.884.2287 (hotline)
503.363.0458 fax
www.causaoregon.org

Center for Intercultural Organizing

700 N. Killingsworth St.
Portland, OR 97217
503.287.4117
www.interculturalorganizing.org

Centro Cultural of Washington County

1174/1110 N Adair St.
Cornelius, OR 97113
503.359.0446
www.centrocultural.org

El Programa Hispano

2740 SE Powell Blvd.
Portland, OR 97202
503.231.4866

138 NE 3rd St. Suite 140
Gresham, OR 97030
503.669.8350

[www.catholiccharitiesoregon.org/
services_latino_services.asp](http://www.catholiccharitiesoregon.org/services_latino_services.asp)

Equity Foundation

221 NW 2nd Ave. #208
Portland, OR 97209
503.231.5759
www.equityfoundation.org

Familias en Accion

2710 NE 14th Avenue
Portland, OR 97212
503.201.9865
www.familiasenaccion.org

Hands On Greater Portland

619 SW 11th Ave. #300
Portland, OR 97205
503.200.3355
www.handsonportland.org

Immigrant & Refugee Community Organization

10301 NE Glisan St.
Portland, OR 97220
503.234.1541
www.irco.org

Africa House

621 NE 102nd Ave.
Portland, OR 97220
503.802.0082

Asian Family Center

8040 NE Sandy Blvd.
Portland, OR 97213
503.235.9396

Incight: Resources for Self-Empowerment

310 SW 4th Ave. #630
Portland, OR 97204
971.244.0305
www.incight.org

Jewish Federation of Greater Portland

6680 SW Capitol Hwy
Portland, OR 97219
503.245.6219
www.jewishportland.org

Korean Society of Oregon

7650 SW 81st Ave
Portland, OR 97223
503.977.2617
www.koregon.org

Latino Network

240 N Broadway, Suite 214
Portland, OR 97227
503.283.6881
www.latnet.org

Mittleman Jewish Community

6651 SW Capitol Hwy.
Portland, OR 97219
503.244.0111
www.portlandjewishacademy.org

Multicultural Integrated Kidney Education Program

9155 SW Barnes Rd, Suite 219
Portland, OR 97225
503.296.7705
www.mikeprogram.org

Muslim Educational Trust

10330 Scholls Ferry Road
Tigard, OR 97223
503.579.6621
www.metpdx.org

Native American Youth and Family Center (NAYA)

5135 NE Columbia Blvd.
Portland, OR 97218
503.288.8177
www.nayapdx.org

Native American Student and Community Center

710 SW Jackson St.
Portland, OR 97201
503.725.9695
www.pdx.edu/dmss/nascc

North by Northeast Community Health Center

3030 Martin Luther King, Jr. Blvd.
Portland, OR 97212
503.287.4932
www.nxneclinic.org

NW Gender Alliance (NWGA)

P.O. Box 4928
Portland, OR 97208
503.533.8787
www.nwgenderalliance.org

Oregon Council on Developmental Disabilities

540 24th Place NE
Salem, OR 97301-4517
503.945.9941
www.ocdd.org

Oregon Latino Health Coalition

240 N. Broadway, Suite 215
Portland, OR 97227
oregonlatinohealthcoalition.org

Oregon League of Minority Voters

320 SW Stark St. #418
Portland, OR 97204
503.720.6776
www.oregonlmv.org

Pineros y Campesinos Unidos del Noroeste (PCUN)

300 Young St.
Woodburn, OR 97071
503.982.0243
www.pcun.org

Q Center

4115 N Mississippi Ave.
Portland, OR 97217
503.234.7837
www.pdxqcenter.org

Self Enhancement, Inc. (SEI)

3920 N. Kerby Ave.
Portland, OR 97227
503.249.1721
www.selfenhancement.org

South Asian Women's Empowerment & Resource Alliance (SAWERA)

P.O. Box 91242
Portland, OR 97291
503.641.2425 (office)
503.778.7386 (help line)
www.sawera.org

Sponsors Organized to Assist Refugees (SOAR)

2906 NE Glisan St.
Portland, OR 97232
503.284.3002
www.emoregon.org/soar.php

Urban League of Portland

10 N Russell St.
Portland, OR 97227
503.280.2600
www.ulpdx.org

United Way of the Columbia-Willamette

619 SW 11th Ave. #300
Portland, OR 97205
503.228.9131
www.unitedway-pdx.org

Vocational Rehabilitation Services

Central Portland Office
3945 SE Powell Blvd.
Portland, OR 97202
971.673.2555
www.oregon.gov/DHS/vr

YWCA of Greater Portland

1111 SW 10th Ave
Portland, OR 97205
503.294.7400
www.ywcapdx.org

LEADERSHIP DEVELOPMENT

Focus on Racial Justice

The Coalition of Communities of Color (CCC) sponsors leadership development initiatives to expand the capacity of communities of color to network, self-organize, and create change toward greater social inclusion. This is achieved through six culturally-specific leadership development programs.

www.coalitioncommunitiescolor.org

African Leadership Development Project Institute

ALDPI raises the visibility of the African community to educate policymakers and create change to more equitably distribute resources to serve the African communities of Oregon.

<http://bit.ly/1khPgJp>

African American Leadership Academy

AALA addresses the cultural, personal, civic and professional needs of emerging African American leaders to develop their skills and commitment to making positive change in the Portland area community.

<http://bit.ly/1csyD5C>

Asian Pacific Islander Community Leadership Institute

API-CLI builds the leadership capacity of Asian Pacific Islander leaders, and brings together API communities for collaboration and partnerships that address racial and ethnic disparities.

<http://bit.ly/1ocbRUS>

LEAD

LEAD develops the skills and relationships among Native American leaders through collaborative learning and expanding networks and ties to their communities.

<http://bit.ly/1eHN9X7>

The Slavic Leadership Project

The Slavic Leadership Project develops and strengthens the leadership capacity of the Slavic community in Oregon to increase visibility and policy change for community-identified issues.

<http://bit.ly/1fwTwT5>

Unid@s for Oregon

Unid@s for Oregon builds relationships and trust among Latino leaders and organizations through a cohesive leadership framework that is cross-regional, cross-sector, and inter-ethnic.

<http://bit.ly/1ocbLg0>

Legal Assistance

Disability Rights Oregon

610 SW Broadway St. #200

Portland, OR 97205

503.243.2081

800.452.1694

www.disabilityrightsoregon.org

Civil Rights Division

800 NE Oregon St. #1045

Portland, OR 97232

971.673.0764

www.oregon.gov/boli/crd

Immigrant Law Group

Oregon Trail Bldg

333 SW 5th Ave, #525

Portland, OR 97204

503.241.0035

www.ilgrp.com

Legal Aid Services of Oregon

921 SW Washington St. #500

Portland, OR 97205

503.224.4086

www.oregonlawhelp.org

Oregon Justice Resource Center

P.O. Box 40588

Portland, OR 97204

503.768.7321

www.ojrc.info

Oregon Law Center

230 NE 2nd Ave, Suite F

Hillsboro, OR 97124

503.640.4115

www.oregonlawcenter.org

Oregon State Bar

16037 SW Upper Boones Ferry Rd.

Tigard, OR 97224

503.620.0222

www.osbar.org

CHAMBERS & COMMISSIONS

Chambers

African American Chamber of Commerce of Oregon (AACCO)

P.O. Box 2979
Clackamas, OR 97015-2979
503.244-5794 x45
www.blackchamber.info

Asian Pacific American Chamber of Commerce (APACC)

1125 SE Madison St. Suite 103C
Portland, OR 97214
503.205.6020
www.apacc-or.org

Business Diversity Institute

1631 NE Broadway
Portland, OR 97232
503.222.0280
503.243.5597 fax
www.bdiweb.org

Hispanic Metropolitan Chamber (HMC)

333 SW 5th Ave. #100
Portland, OR 97204
503.222.0280
503.243.5597 fax
www.hmccoregon.com

Oregon Association of Minority Entrepreneurs

4134 N Vancouver Ave. #100
Portland, OR 97217
503.249.7744
www.oame.org

Oregon Native American Chamber of Commerce (ONACC)

P.O. Box 69563
Portland, OR 97239
503.894.4525
www.onacc.org

Oregon Tradeswomen, Inc.

3934 NE Martin Luther King Blvd.
Suite 101
Portland, OR 97212
503.335.8200
www.tradeswomen.net

Philippine American Chamber of Commerce of Oregon (PACCO)

5424 N. Michigan Ave
Portland, OR 97217
503.285.1994
www.pacco.org

Commissions

City of Portland Office of Equity and Human Rights

421 SW 6th Ave, Suite 500
Portland, OR 97204
503.823.4433
www.portlandoregon.gov/oehr

Commission on Asian and Pacific Islander Affairs

421 SW Oak St. Suite 770
Portland, OR 97201
503.302.9725
www.oregon.gov/ocapia

Commission on Indian Services

900 Court St. NE, Room 167
Salem, OR 97301
503.986.1067
www.leg.state.or.us/cis

Multnomah County Aging and Disability Services

421 SW Oak St. Suite 510
Portland, OR 97204
503.988.3646
www.web.multco.us/ads

Oregon Commission for the Blind

535 SE 12th Ave.
Portland, OR 97214
971.673.1588
www.oregon.gov/blind

Oregon Commission on Hispanic Affairs (OCHA)

1515 SW 5th Ave., Suite 1050-S
Portland, OR 97201
503.302.9725
www.oregon.gov/Hispanic

Oregon Commission for Women

1515 SW 5th Ave., Suite 1050-S
Portland, OR 97201
503.302.9725
www.oregon.gov/Women

Oregon's Commission on Black Affairs (OCBA)

421 SW Oak St. Suite 770
Portland, OR 97201
503.302.9725
www.oregon.gov/ocba

CHURCHES & CONGREGATIONS

African American

AME Zion Church

4304 N Vancouver Ave.
Portland, OR 97217
503.287.4969
[www.westernamezion.org/
or-wa/firstchurch.html](http://www.westernamezion.org/or-wa/firstchurch.html)

Emmanuel Temple Church

1033 N Sumner St.
Portland, OR 97217
503.287.2223
www.emmanuelpdx.com

Highland Christian Center

7600 NE Glisan St.
Portland, OR 97213
503.287.9567
www.hcclive.com

Irvington Covenant Church

4046 NE Martin Luther King Blvd.
Portland, OR 97212
503.287.5226
www.irvingtoncov.org

Vancouver Avenue First Baptist Church

3138 N Vancouver Ave.
Portland, OR 97227
503.282.9496

Atheist

Sunday Assembly Portland

info@sundayassemblypdx.com
www.portland.sundayassembly.com

Buddhist

Daihonzan Henjyoji Temple

2634 SE 12th Ave.
Portland, OR 97202
503.232.6352

Nam-Quang Temple

3337 NE 148th Ave.
Portland, OR 97230
503.254.0875
www.namquangtemple.org

Nichiren Buddhist Temple of Portland

2025 SE Yamhill St.
Portland, OR 97214
503.232.8064
www.nichiren-shu-pdx.com

Northwest Tibetan Cultural Association

4401 NE 122nd Ave.
Portland, OR 97230
503.308.1365
www.nwtca.org

Oregon Buddhist Temple

3720 SE 34th Ave.
Portland, OR 97202
503.234.9456
www.oregonbuddhisttemple.com

Oregon Cambodian Buddhist Society, Inc.

19940 SW Stafford Rd.
West Linn, OR 97068
503.638.3700
www.dhammarangsi.org

World Buddhist Preaching Assn

1722 SE Madison St.
Portland, OR 97214
503.239.5678
www.miaofatemple.com

Catholic

All Saints

3847 NE Glisan
Portland, OR 97232
503.232.4305
allsaintsportland.org

Church of Korean Martyrs

10840 SE Powell Blvd
Portland, OR 97266
503.762.6880
www.kmccp.org

Church of St. Michael the Archangel

1701 SW Fourth Ave.
Portland, OR 97201
503.228.8629
www.stmichaelportland.org

Holy Family Catholic Church

7525 SE Cesar Chavez Blvd
Portland, OR 97202
503.774.1428
www.holyfamilyportland.org/parish

Immaculate Heart of Mary

2910 N Williams St
Portland, OR 97227
503.287.3724

Our Lady of Sorrows

5239 SE Woodstock Blvd
Portland, OR 97206
503.775.6731
www.ourladyofsorrowspdx.org

St. Anthony

3600 SE 79th Ave
Portland, OR 97206
503.771.6039
www.stanthonypdx.com

St. John the Baptist Catholic Church

10955 SE 25th Ave
Milwaukie, OR 97222
503.654.5449
www.sjbcatholicchurch.org

St. Juan Diego

5995 NW 178th Ave
Portland, OR 97229
503.644.1617
www.stjuandiego.org

St. Peter

5905 SE 87th Ave
Portland, OR 97266
503.777.3321

St. Philip Neri Parish Paulist Center

2408 SE 16th Ave.
Portland, OR 97214
503.231.4955
www.stphilipneripdx.org

St. Rose of Lima

2727 NE 54th Ave
Portland, OR 97213
503.281.5318
www.strosepdx.org

St. Stanislaus Parish

3916 N Interstate Ave.
Portland, OR 97227
503.281.7532
www.ststanislausparish.com

The Grotto

8840 NE Skidmore St
Portland, OR 97220
503.254.7371
www.thegrotto.org

German

Bethel German Assembly of God

7220 SE Duke St.
Portland, OR 97206
503.771.4704

Zion Lutheran Church

1015 SW 18th Ave.
Portland, OR 97205
503.221.1343
www.zion-portland.org

Greek

Holy Trinity Greek Orthodox Cathedral

3131 NE Glisan St.
Portland, OR 97232
503.234.0468
www.goholytrinity.org

Hindu

Mahakali Mandir Sri Mahakali Temple

4732 NE 14th Ave.
Portland, OR 97211
503.284.8729

Portland Hindu Temple Brahma Premananda Ashram

11515 SW Hall Blvd.
Tigard, OR 97223
503.598.3073
www.portlandhindutemple.org

Shri Swaminarayan Mandir (BAPS)

11365 SW Tigard St.
Tigard, OR 97223
503.597.3030
www.baps.org/Global-Network/North-America/Portland.aspx

Vedanta Society of Portland

1157 SE 55th Ave.
Portland, OR 97215
503.235.3919
www.vedanta-portland.org

Islamic

Bilal Masjid

4115 SW 160th Ave.
Beaverton, OR 97007
503.516.8685
www.bilalmasjid.net

Islamic Center of Portland

6940 SW Hall Blvd.
Beaverton, OR 97008
503.526.9305
www.icop.org

Muslim Community Center of Portland

3801 NE Martin Luther King Blvd.
Portland, OR 97212
503.281.7691
www.mccpdx.org

Jewish

Congregation Beth Israel

1972 NW Flanders St.
Portland, OR 97209
503.222.1069
www.bethisrael-pdx.org

Congregation Neveh Shalom

2900 SW Peaceful Ln.
Portland, OR 97239
503.246.8831
www.nevehshalom.org

Havurah Shalom

825 NW 18th Ave.
Portland, OR 97209
503.248.4662
www.havurahshalom.org

Mittleman JCC

6651 SW Capitol Hwy.
Portland, OR 97219
503.244.0111
www.oregonjcc.org

Korean

Korean Evangelical Church

4729 SW Taylors Ferry Rd.
Portland, OR 97219
503.244.9191
www.portlandch.com

Portland Korean Church

933 SW Clay St.
Portland, OR 97201
971.263.8630
www.portlandkoreanchurch.com

LGBTQ

Community of Welcoming Congregations

P.O. Box 14948
Portland, OR 97293
503.665.8741
www.welcomingcongregations.org

First Unitarian Church

1034 SW 13th Ave
Portland, OR 97205
503.228.6389
www.firstunitarianportland.org/

Metropolitan Community Church

2400 NE Broadway St
Portland, OR 972
503.665.8741
www.welcomingcongregations.org

Orthodox

Church of the Annunciation

13515 SE Rusk Rd.
Milwaukie, OR 97269
503.659.3646
www.annunciationorthodoxchurch.org

Holy Nativity of the Theotokos Orthodox Cathedral

4550 NE 105th Ave.
Portland, OR 97220
503.262.6643

St. George Antiochian Orthodox Church

2101 NE 162nd Ave.
Portland, OR 97230
503.255.6055
www.stgeorgeportland.org

St. Nicholas Orthodox Church

2210 SW Dolph Ct.
Portland, OR 97219
503.245.2403
www.stnicholaspdx.org

Russian

Living Water Community Fellowship

7211 SE 62nd Ave.
Portland, OR 97206
503.475.8714
Facebook.com/portlandlivingwater

Russian Full Gospel Church Eben-Ezer

3511 SE Concord Rd.
Milwaukie, OR 97267
503.695.8494
www.concordorcom

Russian Gospel Church

5526 Hope Ave.
Hubbard, OR 97032
503.651.3335

Services in Spanish

Ascension Lutheran

1440 SE 182nd Ave.
Portland, OR 97233
503.665.8821
www.alcportland.org

City Bible Church

8200 SW Pfaffle St.
Tigard, OR 97223
503.382.1701
www.citybiblechurch.org

Holy Cross Catholic Church

5227 N. Bowdoin St.
Portland, OR 97203
503.289.2834
www.holycrosspdx.org

Holy Redeemer Catholic Church

25 N Rosa Parks Way
Portland, OR 97217
503.285.4539
www.holyredeemerpdx.org

Kingdom Hall – Jehovah's Witness

5127 SE Salquist Rd.
Gresham, OR 97080

503.667.5731

St. Patrick Catholic Church

1623 NW 19th Ave.
Portland, OR 97209
503.222.4086
stpatriickpdx.org

Village Baptist

330 SW Murray Blvd.
Beaverton, OR 97005
503.643.6511
www.vbconline.org

Ukrainian

St. John the Baptist Ukrainian Orthodox Church

8014 SE 16th Ave.
Portland, OR 97202
503.235.7129
www.ukrainian-church-pdx.org

Ukrainian Bible Church

22820 NE Halsey St.
Troutdale, OR 97060
503.661.1531
Facebook.com/ukrainianBibleChurch

Services in Vietnamese

Immaculate Heart Catholic Church

2926 N. Williams Ave.
Portland, OR 97227
503.287.3724

Our Lady of Lavang Parish

5404 NE Alameda Dr.
Portland, OR 97213
503.249.5892
www.gxlavangoregon.com

Vietnamese Baptist Church

3635 SE 72nd Ave.
Portland, OR 97206
503.774.1712
www.vbcportland.com

RESOURCES FOR PARENTS

Child Care

Barnes-Miller Child Development Center

7345 SW Barnes Rd.
Portland, OR 97225
503.292.7847
www.barnes-millercdc.com

Blue Frogs Jump LLC

23710 SW Sanders Terrace
Sherwood, OR 97140
503.925.3919
www.bluefrogsjump.com

Clackamas Day School

16640 SE 82nd Dr.
Clackamas, OR 97015-8558
503.655.7826
www.clackamasdayschool.net

Healthy Start's Children Center

3325 SW Moody Ave
Portland, OR 97239
971.230.2342
www.cclc.com/ohsu

Montessori Children's House

3626 SW Bond Ave.
Portland, OR 97239
503.360.1179
www.childrenshousepdx.com

Peninsula Children's Center

4720 N. Maryland Ave.
Portland, OR 97217
503.280.0534
www.penchild.org

Foreign Language Schools

Chinese American International School

1855 South Shore Blvd.
Lake Oswego, OR 97034
503.348.3028
www.caisoregon.org

Chinese Immersion School for Children

5403 SE Center St.
Portland, OR 97206
503.788.0336
www.bodhitreechineseschool.org

French American International School

8500 NW Johnson St.
Portland, OR 97229
503.292.7776
www.faispdx.org

The German American School of Portland

3900 SW Murray Blvd.
Beaverton, OR 97005
503.626.9089
www.gspdx.org

The International School

025 SW Sherman Street
Portland, OR 97201
503.226.2496
www.intlschool.org

The Italian School of Portland

P.O. Box 6507
Portland, OR 97228
971.270.0470
<http://scuola.us>

Kid-Friendly Fun

Big Al's

14950 SW Barrows Rd.
Beaverton, OR 97007
503.748.6118
www.ilovebigals.com/beaverton

Bullwinkles

29111 SW Town Center Loop West
Wilsonville, OR 97070
503.685.5000
www.fun-center.com/public/wilsonville

North Clackamas Aquatic Park

7300 SE Harmony Rd.
Milwaukie, OR 97212
503.557.7873
www.ncprd.com/aquatic-park

Oaks Amusement Park

7805 SE Oaks Park Way
Portland, OR 97202
503.233.5777
www.oakspark.com

Oregon Zoo

4001 SW Canyon Rd.
Portland, OR 97221
503.266.1561
www.oregonzoo.org

Portland Aquarium

16323 SE McLoughlin Blvd
Milwaukie, OR 97267
503.303.4721
www.portlandaquarium.net

Museums

Oregon Museum of Science and Industry (OMSI)

1945 SE Water Ave.
Portland, OR 97214
503.797.4000
www.omsiedu

K-12 Public Schools

Banks School District
www.banks.k12.or.us

Beaverton School District
www.beaverton.k12.or.us

Centennial School District
www.centennial.k12.or.us

David Douglas School District
www.ddouglas.k12.or.us

Forest Grove School District
www.fgsd.k12.or.us

Gresham-Barlow School District
www.gresham.k12.or.us

Hillsboro School District
www.hsd.k12.or.us

Lake Oswego School District
[www.edline.net/pages/
lake_oswego_school_district](http://www.edline.net/pages/lake_oswego_school_district)

North Clackamas School District
www.nclack.k12.or.us

Portland Public Schools
www.pps.k12.or.us

Reynolds School District
www.reynolds.k12.or.us

Sherwood School District
www.sherwood.k12.or.us

Tigard-Tualatin School District
www.ttsdschools.org

West Linn-Wilsonville
School District
www.wlww.k12.or.us

Need more info on Oregon K-12 schools?

Visit the Oregon Department of Education at www.ode.state.or.us

Colleges and Universities

Clackamas Community College
www.clackamas.edu

Concordia University
www.cu-portland.edu

Corban University
www.corban.edu

George Fox University
www.georgefox.edu

Lewis and Clark College
www.lclark.edu

Linfield College
www.linfield.edu

Marylhurst University
www.marylhurst.edu

Mt. Hood Community College
www.mhcc.edu

Pacific University
www.pacificu.edu

Portland Community College
www.pcc.edu

Portland State University
www.pdx.edu

Reed College
www.reed.edu

University of Oregon – Portland
www.pdx.uoregon.edu

University of Portland
www.up.edu

Oregon State University –
Portland
oregonstate.edu/portland

Warner Pacific College
www.warnerpacific.edu

Willamette University
www.willamette.edu

Oregon Coast Aquarium

2820 SE Ferry Slip Rd.
Newport, OR 97365
541.867.3474
www.aquarium.org

Portland Children's Museum

4015 Southwest Canyon Rd.
Portland, OR 97221
503.223.6500
www.portlandcm.org

World Forestry Center

4033 Southwest Canyon Rd.
Portland, OR 97221
503.228.1367
www.worldforestry.org

Parenting Support

Black Parent Initiative

Inspiring and mobilizing Black parents to ensure their children achieve educational excellence
503.502.6050
thebpi.org

Family Empowerment Network

6663 SW Beaverton Hillsdale Hwy.
Portland, OR 97225
503.292.4162
www.family-empower.com

Nursing Mothers Counsel of Oregon, Inc.

818 SW 3rd Ave. #372
Portland, OR 97204
503.282.3338
www.nursingmotherscounsel.org

Special Needs

Multnomah Early Childhood Program

Services to children with a variety of developmental delays and disabilities

11611 NE Ainsworth Circle
Portland, OR 97220
503.255.1666
www.mesd.k12.or.us/se/sped

PlaySpace

Play-based social groups for children with autism spectrum, Asperger's, ADHD, and other social related disorders

3014 NE Ainsworth St.
Portland, OR 97211
503.224.2820
www.pdxplayspace.com

Tutoring/ Educational Services

Clear Pathways Learning Services

11830 SW Kerr Parkway #310
Lake Oswego, OR 97035
503.246.4338
www.clearpathways.org

Help Eliminate Learning Problems, Inc.

17600 Hwy 43,
Davignon Hall Suite 326
Marylhurst, OR 97036
503.635.3389
www.helpadd.com

Sylvan Learning Center

Multiple Locations
503.254.1930
www.sylvanlearning.com

RESTAURANTS

African

Horn of Africa

5237 NE Martin Luther King Blvd.
Portland, OR 97211
503.331.9844
www.hornofafrica.net

Jarra's Ethiopian Restaurant

1435 SE Hawthorne Blvd.
Portland, OR 97214
503.230.8990
www.jarrasethiopianrestaurant.com

Marrakesh Moroccan Restaurant

1201 NW 21st Ave.
Portland, OR 97209
503.248.9442
www.marrakeshportland.com

Queen of Sheba

2413 NE Martin Luther King Blvd.
Portland, OR 97212
503.287.6302
www.queenofsheba.biz

Cajun & Creole

Acadia

1303 NE Fremont St.
Portland, OR 97212
503.249.5001
www.creolapdx.com

Delta Café

4607 SE Woodstock Blvd.
Portland, OR 97206
503.771.3101
www.deltacafepdx.com

Caribbean

El Cubo de Cuba

3106 SE Hawthorne Blvd.
Portland, OR 97214
971.544.7801

Pambiche Cocina & Reposteria Cubana

2811 NE Glisan St.
Portland, OR 97232
503.233.0511
www.pambiche.com

Salvador Molly's

1523 SW Sunset Blvd.
Portland, OR 97239
503.293.1790
www.salvadormollys.com

Chinese

Shandong

3724 NE Broadway St.
Portland, OR 97232
503.287.0331
www.shandongportland.com

Szechuan Chef

5331 SW Macadam Ave.
Portland, OR 97239
503.227.3136
szechuanchefportland.com

Wong's King

8733 SE Division St. #101
Portland, OR 97266
503.788.8883
www.wongsking.com

European

Castagna

1752 SE Hawthorne Blvd.
Portland, OR 97214
503.231.7373
www.castagnarestaurant.com

Der Rheinlander

5035 NE Sandy Blvd.
Portland, OR 97213
503.288.5503
www.rheinlander.com

Filipino

Tambayan

6014 SE Foster Rd.
Portland, OR 97206
503.777.4217
www.tambayancuisine.com

Food Carts

Food Carts Portland

Comprehensive list of diverse
Portland-area food cart pods
www.foodcartsportland.com

Greek

Mad Greek Deli

1740 E Burnside St.
Portland, OR 97214
503.232.0274

18450 NW West Union Blvd.
Portland, OR 97229
503.645.1650
www.madgreekdeli.com

Hawaiian

Ate-Oh-Ate

2454 E Burnside St.
Portland, OR 97214
503.445.6101
www.ate-oh-ate.com

Bamboo Grove

515 SW Carolina St.
Portland, OR 97239
503.977.2771
www.bghawaiiangrille.com

Noho's Hawaiian Café

2525 SE Clinton St.
Portland, OR 97202
503.233.5301

4627 NE Fremont Ave.
Portland, OR 97230
503.445.6646
www.nohos.com

Indian

Bombay Chaat House

804 SW 12th Ave.
Portland, OR 97205
503.241.7944
bombaychaathouse.org

Dwaraka Indian Cuisine

3962 SE Hawthorne Blvd.
Portland, OR 97214
503.230.1120
www.dwarakapdx.com

New Delhi

9111 SW Barbur Blvd.
Portland, OR 97219
503.892.5811
www.newdelhipdx.com

Italian

Mama Mia Trattoria

439 SW 2nd Ave.
Portland, OR 97204
503.295.6464
www.mamamiatrattoria.com

Piazza Italia

1129 NW Johnson St.
Portland, OR 97209
503.478.0619
www.piazzaportland.com

Ristorante Roma

622 SW 12th Ave.
Portland, OR 97205
503.241.2692
www.ristoranteromaportland.com

Japanese

Biwa

215 SE 9th Ave.
Portland, OR 97214
503.239.8830
www.biwarestaurant.com

Maki

12430 SW Main St.
Tigard, OR 97223
503.639.7005
www.makirestaurant.com

Masu

406 SW 13th Ave.
Portland, OR 97205
503.221.6278
www.masusushi.com

Korean

Du Kuh Bee

12590 SW 1st St.
Beaverton, OR 97005
503.643.5388

Toji Korean Grill House

4615 SE Hawthorne Blvd.
Portland, OR 97215
503.232.8998
tojikoreangrillhouse.com

Kosher

Café at the J

6651 SW Capital Hwy.
Portland, OR 97219
503.535.3630
www.oregonjcc.org/cafe.asp

Kenny & Zuke's Delicatessen

1038 SW Stark St.
Portland, OR 97205
503.222.3354
www.kennyandzukes.com

Kornblatt's Delicatessen

628 NW 23rd Ave.
Portland, OR 97210
503.242.0055
www.kornblattsdelipdx.com

Latin/Spanish

Andina

1314 NW Glisan St.
Portland, OR 97209
503.228.9535
www.andinarestaurant.com

La Costita

7405 SW Barbur Blvd.
Portland, OR 97219
503.293.1899
www.lacostita.com

Nuestra Cocina

2135 SE Division St.
Portland, OR 97202
503.232.2135
www.nuestra-cocina.com

¡Oba! Restaurante

555 NW 12th Ave.
Portland, OR 97209
503.228.6161
www.obarestaurant.com

Middle Eastern

Abu Rasheed

1921 SW 6th Ave.
Portland, OR 97201
503.274.4412
www.aburasheed.com

Habibi Lebanese Cuisine

1012 SW Morrison St.
Portland, OR 97205
503.274.0628
www.habibirestaurantpdx.com

Persian House

1026 SW Morrison St.
Portland, OR 97205
503.243.1430

TarBoush Lebanese Bistro

3257 SE Hawthorne Blvd.
Portland, OR 97214
503.235.3277
www.tarboushbistro.com

Soul Food

Bernie's Southern Bistro

2904 NE Alberta St.
Portland, OR 97211
503.282.9864
www.berniesbistro.com

Gravy

3957 N Mississippi Ave.
Portland, OR 97227
503.287.8800

Russell Street BBQ

325 NE Russell St.
Portland, OR 97212
503.528.8224
www.russellstreetbbq.com

Thai

Baan-Thai

1924 SW Broadway St.
Portland, OR 97201
503.224.8424

Thai Orchid

2231 W Burnside St.
Portland, OR 97210
503.226.4542
www.thaiorchidrestaurant.com

Vegetarian & Vegan

Blossoming Lotus

1715 NE 15th Ave.
Portland, OR 97212
503.228.0048
www.blpdx.com

Natural Selection

3033 NE Alberta St.
Portland, OR 97211
503.288.5883
www.naturalselectionpdx.com

Vegetarian House

22 NW 4th Ave.
Portland, OR 97209
503.274.0160
vegetarianhouse.com

Vietnamese

Pho Van

3404 SE Hawthorne Blvd.
Portland, OR 97214
503.230.1474
www.phovanrestaurant.com

Silk

1012 NW Glisan St.
Portland, OR 97209
503.248.2172
www.silkbyphovan.com

Thanh Long Restaurant & Bakery

635 SW College St.
Portland, OR
503.223.1660

CULTURAL GROCERY STORES

African & Caribbean

African International Food Market

922 N Killingsworth St. #1C
Portland, OR 97217
503.283.8585

Caribbean Spice

4516 NE 42nd Ave
Portland, OR 97218
503.493.2737

East African Hallal Meat-Deli

7830 NE Glisan St.
Portland, OR 97213
503.432.8600

Merkato Ethiopian Music & Food

2605 NE Martin Luther King, Jr. Blvd
Portland, OR 97212
503.331.9283

Your African Community Market

5516 NE 16th Ave.
Portland, OR 97211
503.287.5200

Asian Pacific Islander

An Dong Market

5441 SE Powell Blvd
Portland, OR 97206
503.774.6527

Anzen Hiroshi

736 NE Martin Luther King, Jr. Blvd
Portland, OR 97232
503.233.5111

Apna Bazaar

1815 NW 169th Place
Beaverton, OR 97005
503.533.0424
www.apnabazaarpodx.com

Asian Food Center

3849 SW 117th Ave
Beaverton, OR 97005
503.520.1880
www.afcwa.com/default.aspx

Asia Market

12350 SW Broadway St
Beaverton, OR 97005
503.646.8118

Fiji Emporium

7814 N Interstate Ave.
Portland, OR 97217
503.240.2768
www.fijiemporium.com

Fubonn Supermarket

2850 SE 82nd Ave.
Portland, OR 97266
503.517.8899
www.fubonn.com

G Mart

3975 SW 114th Ave
Beaverton, OR 97005
503.641.3313

H-Mart

13600 SW Pacific Highway
Tigard, OR 97223
503.620.6120
www.hmart.com

Hong Phat Food Center

101 SE 82nd Avenue
Portland, OR 97216
(503) 253-4411
hongphatmarket.com

India Cash and Carry

5749 NW Cornelius Pass Road
Hillsboro, OR 97124
503.439.8899
Indiacashandcarrywholesale.com

India Sweets & Spices

16205 NW Bethany Ct., Suite 110
Beaverton, OR 97006
503.690.0499
indiasweetandspices.net

Mingala International Market

2548 SE 122nd Ave
Portland, OR 97236
503.954.1346

Lily Market

1101 NE Halsey St
Portland, OR 97220
503.2255.0448
www.lily-market.com

Pacific Supermarket

6750 NE Broadway St.
Portland, OR 97213
503.251.0524

Srider India Imports

11945 SW Pacific Highway, #240
Portland, OR 97223
503.620.8665

Uwajimaya

10500 SW Beaverton Hillsdale Hwy.
Beaverton, OR 97005
503.643.4512
www.uwajimaya.com

Kosher

Everything Jewish

6684 SW Capitol Hwy.
Portland, OR 97219
503.246.5437
www.everythingjewish.biz

Food Front

6344 SW Capitol Hwy.
Portland, OR 97239
503.546.6559
www.foodfront.coop

Latin

Becerras International Grocery

18929 E Burnside St.
Portland, OR 97233
503.667.4444

Dashen International Grocery

3022 NE Glisan St.
Portland, OR 97232
503.234.7785

El Grande

1725 SE 122nd Ave
Portland, OR 97233
503.255.3606

La Tienda de Guadalupe

847 E Powell Blvd.
Gresham, OR 97030
503.669.8035

Supermercados Mexico

17420 SE Division St
Portland, OR 97236
503.477.5947

Tienda y Panaderia Santa Cruz 2

8630 N Lombard St
Portland, OR 97203
503.289.2005

Tortilleria y Tienda De Leon

16225 NE Glisan St.
Portland, OR 97230
503.255.4356

Yesenia's Market Inc

6611 SE Powell Blvd.
Portland, OR 97206
503.774.4124

Mediterranean/Halal

Anoush Deli & International Food Market

1710 NE 122nd Ave
Portland, OR 97230
503.254.7676

Barbur World Foods

9845 SW Barbur Blvd.
Portland, OR 97219
503.224.0670
www.barburworldfoods.com

Bazaar Market

10255 SW Canyon Rd
Beaverton, OR 97005
503.641.1352
www.bazaarfood.com

Halal Meat and Mediterranean Foods Inc.

11535 SW Pacific Hwy.
Portland, OR 97223
503.293.3020

International Food Supply

8005 SE Stark St
Portland, OR 97215
503.256.9576
www.internationalfoodsupply.com

Pars International Market

12923 NW Cornell Rd.
Portland, OR 97229
503.350.2300
www.pars-market.com

Russian/East European

ABC Produce

9151 SE Powell Blvd
Portland, OR 97266
503.927.8485

Good Neighbor

4107 SE 82nd Ave
Portland, OR 97266
503.771.5171

Martinotti's Cafe and Delicatessen

404 SW 10th Ave
Portland, OR 97205
503.224.9028
martinottis.yppguides.net/

Roman Russian Market

10918 SE Division St.
Portland, OR 97266
503.408.7525

Russian Elegance Food

10121 NE Glisan St.
Portland, OR 97216
503.262.6733

Vegetarian & Vegan

Food Fight

1217 SE Stark St.
Portland, OR 97214
503.233.3910
www.foodfightgrocery.com

New Seasons Market

Multiple Locations
www.newseasonsmarket.com

People's Food CO-OP

3029 SE 21st Ave.
Portland, OR 97202
503.674.2642
www.peoples.coop

Proper Eats Market & Cafe

8638 N Lombard St
Portland, OR 97203
503.445.2007
www.propereats.org

BEAUTICIANS, BARBERS & SUPPLIES

This list includes businesses that specialize in ethnic beauty services, and/ or operated by minority business owners.

Beauticians & Barbers

Belmont Beauty Bar

816 SE Cesar Chavez Blvd
Portland, OR 97214
503.839.6092
<http://bit.ly/1n2et9c>

Blue Lotus Henna

Bridal henna, dreadlocking; call for appointments
503.758.8195
bluelotushenna.com

Bollywood Eyebrow Threading Salon

12959 SW Pacific Hwy
Tigard, OR 97223
503.888.4020
www.bollywoodbrowz.com

Chadowbox Salon

1530 NE 172nd Ave
Portland, OR 97230
503.957.5369
www.hairbycharlisa.com

Champions Barbershop

3827 NE Martin Luther King Blvd.
Portland, OR 97212
971.255.1288
www.championsbarbershop.com

Conscious Coils

1033 SW Yamhill, Suite 405
Portland, OR 97205
971.998.8606
<http://bit.ly/NnKFHH>

Geneva's Shear Perfection

5601 NE Martin Luther King Blvd.
Portland, OR 97211
503.285.1159
www.genevas.net

Gigi's East Indian Brow Design & Boutique (Call for appointments)

919 NW 23rd Ave.
Portland, OR 97210
503.307.6991
www.gigz.biz

Lam's Beauty Salon

Located at Fubonn Shopping Center
2850 SE 82nd Ave.
Portland, OR 97266
503.445.6601

Merae's

5852 NE 42nd Ave.
Portland, OR 97218
503.287.5258
www.meraes.com

Porter Hair Design

16108 SE Division St.
Portland, OR 97236
503.761.8500
www.phdsalon.com

Reggie's Barbershop

3213 NE Martin Luther King Blvd.
Portland, OR 97212
503.228.0222

Salon de Belleza Hispano

12588 SW Gem Ln.
Beaverton, OR 97005
503.646.2085

Salon Stellar

303 N. 1st St.
Woodburn, OR 97071
503-902-0083

Silk & Stone

Henna, eyebrow threading
3807 SE Belmont St.
Portland, OR 97214
503.342.6859

Terrell Brandon's Barber Shop

1330 NE Alberta St.
Portland, OR 97211
503.460.0348

The Jayah Rose Salon

12 NE Shaver St.
Portland, OR 97212
503.282.0708
www.jayahrosesalon.com

Boutiques & Supplies

Living Color Beauty Supply

5213 NE Martin Luther King Blvd.
Portland, OR 97211
503.287.7788
www.livingcolorbeauty.com

Mid-K Beauty Supply

5411 NE Martin Luther King Blvd.
Portland, OR 97211
503.335.0271

Novellas Beauty Supply & Salon

4925 SW Angel Ave. Apt. A
Beaverton, OR 97005
503.643.3553

Pretty & Cute

2850 SE 82nd Ave, Suite 10
Portland, OR 97226
503.841.6974
www.prettyandcute.com

Sylvia's Angels Boutique

2055 SE Tualatin Valley Hwy, Ste. 19
Hillsboro, OR 97123
503.681.3059

CULTURAL FESTIVALS

African American

Annual Cathedral Park Jazz Festival

The festival is held at three locations in Portland's historic St. Johns Neighborhood. This is a public event and performers or fans may submit applications for the chance to showcase their talents at the festival.

www.cpjazz.com

Cascade Festival of African Films

Since 1991, this film festival hosted by Portland Community College has presented a wide selection of feature and documentary films from the African continent.

www.africanfilmfestival.org

Good in the Neighborhood

The last weekend in June, this three-day festival of multicultural music, foods, games and arts showcases the rich culture of North and Northeast Portland.

www.goodintheneighborhood.org

Northwest Soul II Soul Music Festival

This multicultural event at Blue Lake Park (22500 NE Blue Lake Road) features two stages, VIP gardens, a kids' park and food vendors.

Portland African American Film Festival

Work by local and national filmmakers is highlighted.

www.pdxaaff.com

Portland Jazz Festival

Portland marks Black History Month with the Portland Jazz festival, a citywide celebration of the art form created by African Americans.

www.pdxjazz.com

Soul'd Out Music Festival

This ten-day festival features local and national performers of soulful music in venues around town.

www.souldoutfestival.com

Arab American

Mahrajan

"Mahrajan" is the largest celebration of Arab heritage and culture in Oregon. The day-long, alcohol-free, and tobacco-free event showcases the arts, entertainment, food, traditions, and most importantly, the spirit of Oregon's Arab-Americans and their contributions to Oregon's cultural landscape.

www.araboregon.org

Asian American

AsiaFest

In celebration of Asian Pacific American Heritage Month, Portland's AsiaFest offers the opportunity to see a show, listen to music, and experience the craftsmanship and creativity of a variety of Asian cultures. The event will also feature cuisine from local Asian restaurants, a silent auction, and more.

www.arfoundation.net/asia_fest.htm

Asian Celebration

Each February, this two-day celebration of Asian cultural heritage happens at the Lane Events Center in Eugene. The festival includes three stages with various entertainment, an Asian heritage exhibit, workshops, food court, marketplace, and a special Kurmoricon Room for cosplay, video gaming, and more.

www.asiancelebration.org/index.html

DisOrient Asian American Film Festival

DisOrient is a grassroots and volunteer-run film festival committed to presenting honest portrayals of the diversity of the Asian and Pacific Islander American experience. A social justice film festival, it is dedicated to deconstructing the media stereotypes of Asians and Asian Americans.

www.disorientfilm.org

Chinese American

Lunar New Year

Around the New Year (usually in late January or early February), there are activities organized by various local Chinese organizations. The largest Celebration, the Chinese New Year Cultural Fair features an entire day of cultural performances, including the lion dance and the highly skilled wushu demonstration.

www.portlandchinesetimes.com/event_cny.php

Chinese New Year at Lan Su

Experience a joyous two-week celebration with lion dancers, glowing lanterns and more at Lan Su Chinese Garden.

www.lansugarden.org

The Mid-Autumn Festival (Moon Festival)

The Mid-Autumn Festival is held every year around the second half of September. In recent years, this festival has been held in the New Chinatown area. In September 2011, the festival will move back to the original Chinatown, where it first started in 2002. This is the only big outdoor celebration in Portland featuring different Chinese cultural performances. Lion dances, lanterns and moon cakes are highlights of the event.

www.portlandchinesetimes.com/event_amf.php

Hispanic/Latino

Cinco de Mayo Fiesta

The largest Cinco de Mayo celebration in North America features traditional music, dance, food, crafts and sports, with guest performers from Guadalajara. www.cincodemayo.org

Día De Los Muertos

Milagro Theatre hosts special events to commemorate the Mexican Day of the Dead, a time when Mexican families remember their dead, and the continuity of life. Through music, dance and legend, Milagro explores that thin veil that separates our world from the realm of our indigenous ancestors. Also featured is a display of ofrendas (altars) that are created by local Latino artists. www.milagro.org

El Grito

El Grito, or “the Cry”, represents one of the most iconic Mexican civic celebrations. It recalls the moment in which father Miguel Hidalgo y Costilla, a parish priest in the village of Dolores ringed the bell of the parish on the morning of September 16th 1810 and called Mexicans to rise against the Spanish crown and fight for Independence. Mexico’s birthday celebration is an effort to inspire all and is the perfect occasion for a big “fiesta.” elgritonw.com

Latino Cultural Festival

Hillsboro’s Latino Cultural Festival is designed to connect, embrace and engage the Latino community while providing an opportunity for families of all ethnicities to celebrate Washington County’s diverse cultures, rich with tradition and heritage. www.hillchamber.org/latinfest

Portland Latin American Film Festival

The Portland Latin American Film Festival (PDXLAFF) showcases Latin American culture through feature films, documentaries and short films. The festival is held each October. hollywoodtheater.org/pdx-latin-american-film-fest

Salsa en la Calle

This annual outdoor salsa dance party takes place in August at the East Bank Festival Plaza, on the east side of the Willamette River. www.salsaenlacallepdx.com

Woodburn Fiesta Mexicana

The longest-running celebration of Latino culture in Oregon is held every summer in Woodburn, Oregon. Celebrate Hispanic and Latino culture with traditional food, arts and crafts, cultural entertainment, soccer tournaments, and more. www.woodburnfiestamexicana.com

Indian

India Festival

India Cultural Association (ICA) best and biggest event is India Festival. India Festival is filled with tastes, sounds and sights of India. Live music, dance, food and entertainment throughout the day and admission is FREE. This festival gives the local community a glimpse of India and its subcontinent’s arts, culture, history and people. www.icaportland.org/about-ica

Japanese American

Cherry Blossom Festival

This annual event, held in the spring when the sakura (cherry blossoms) bloom, celebrates the beauty and arrival of spring at the Japanese American Historical Plaza in Portland’s Tom McCall Waterfront Park. Food and drinks are available from vendors at this Japan-America Society of Oregon (JASO) event. jaso.org/calendar

Hina Matsuri

Hina Matsuri is one of the five annual observances that mark the changing seasons. A major feature of this celebration is the display of Hina Ningyo, special dolls representing the imperial family and their courtiers—arrayed on a five- or seven-tiered stand that is covered with a celebratory red cloth and placed in the best room of the house. www.japanesegarden.com/events/celebrations/doll-festival

Mochitsuki

This annual Japanese New Year celebration features the ceremonial pounding of steamed rice into mochi, a traditional snack that symbolizes starting the New Year with abundance. The festival also includes Japanese food, activities, performances and a cultural fair. www.mochipdx.org

Obon Festival

ObonFest, a traditional festival honoring ancestors, features Obon Odori dancing, taiko performances, martial arts demonstrations, temple talks, Asian crafts, kids’ activities and food. Free practice sessions for odori folk dancing at ObonFest are held in late July. www.oregonbuddhisttemple.com

LGBT

Asian Pacific Islander Pride (API)

API is a group of led by and for Lesbian, Gay, Bisexual, and Transgender, Queer people of Asian and Pacific Islander descent in Oregon. API provides safe and supportive environments and opportunities to celebrate, educate and bring communities together.

www.api-pride.blogspot.com

Imperial Sovereign Rose Court Coronation Ball

The Rose Court, Oregon's oldest LGBTQ organization holds its annual coronation ball (crowning its emperors and empresses). Members of the court serve as leaders in community fundraising efforts.

www.rosecourt.org

Portland Black Pride

Typically running concurrent with the Portland Pride Festival, Portland Black Pride provides opportunities for African-American members of the LGBTQ community to connect and celebrate their culture.

pflagpdx.org/wordpress/?event=portland-black-pride

Portland Latino Gay Pride

What began as an offshoot of the Portland Pride Festival has become very much its own independent event. It is culminating with an outdoor celebration that includes dance, music and food.

www.latinogaypridepdx.com

Portland Pride Festival

Portland's official LGBTQ pride parade and festival includes three days of festivities on the waterfront as well as the annual parade.

www.pridenw.org

Portland Queer Music Festival

This festival attracts musicians from near and far for a celebration of queer musical talent.

facebook.com/pdxmusicfestival

Portland Lesbian and Gay Film Festival

Portland's annual lesbian and gay film festival highlights the cinematic contributions of LGBTQ artists from near and far.

www.plgff.org

QDoc

Portland's queer documentary film festival attracts filmmakers from across the country.

www.queerdocfest.org

Red Dress Party

Red dress is required for entry to this party – no matter the gender of the guest. This annual soiree started in 2001 as a basement party and has grown into a large-scale event attended by more than 2,000 people and raising upwards of \$30,000 for local LGBTQ organizations each year.

www.reddresspdx.com

More Community Festivals

Beaverton International Celebration

The City of Beaverton's International Celebration welcomes families, cultural groups and performers to share culture, heritage and commonality within the increasingly diverse Beaverton community. The event showcases many cultures through music, dance, interactive activities, food, art and more.

www.beavertonoregon.gov/index.aspx?NID=986

Festa Italiana

Festa Italiana celebrates Italian culture and heritage of Italian-Americans in the Portland Metropolitan area.

festa-italiana.org

German Film Festival

The festival annually showcases feature films, documentaries and short films that represent the state-of-the-art in German filmmaking. All films are shown in German with English subtitles to allow a broad audience access to these German movies.

www.zeitgeistnorthwest.org/german-film-festival

Jewish Film Festival

The Portland Jewish Film Festival explores themes of spirituality and Jewish identity throughout all parts of the world, especially how American Jews perceive themselves in a larger social context.

www.nwfilm.org/festivals/jewishfestival

Manifest

A variety of German arts, dance, music and German food. After strolling through the fest you can enjoy some traditional and modern performances, including the Maibaum dance performance, while eating a good German Bratwurst with Sauerkraut.

www.zeitgeistnorthwest.org

Mt. Angel Oktoberfest - German

Oregon's oldest and best-loved Oktoberfest began in 1966 as a traditional harvest festival to celebrate the bounty of the earth and the goodness of creation. It is Oregon's largest folk festival.

www.oktoberfest.org

Polish Festival

The Polish festival is an event for families and singles, adults and children, for food connoisseurs, music lovers, concert goers, and dance enthusiasts ... It is for everyone.

www.portlandpolonia.org/festival

Portland Greek Festival

The Greek Festival is an opportunity to share the Greek Orthodox faith, cherished cultural traditions, food, music, and dance.

portlandgreekfestival.com

Portland Rose Festival

Part of Portland's popular culture for more than a century, the Rose Festival has its roots in tradition while its programming is both contemporary and nostalgic. With dozens of events spotlighting the diverse interests and culture of the community, the Rose Festival makes a positive impact on hundreds of thousands of lives annually; bringing smiles to the faces of both locals and guests. It's a three-weekend urban fair packed with great entertainment, good food and fantastic features.

www.rosefestival.org

Portland Scandinavian Heritage Midsummer Festival

At Portland's Scandinavian Midsummer Festival, it is a celebration of fertile fields, warmer and longer days with games, dancing, food, Scandinavian crafts and of course the raising of the Maypole.

www.scanheritage.org/c-17-midsummer.aspx

St. Patrick's Irish Festival

The annual St. Patrick's Irish Festival is Portland's premier celebration of all things Irish. Home of the largest St. Patrick's Festival in the Northwest, the fun only begins with the food. Traditional Irish dancers are the featured entertainment along with the Kell's Irish Pipes and Drums band.

www.kellsirish.com/portland/festival_facts.html

The Bite of Oregon

This food and beverage festival happens each August and features food vendors from restaurants throughout the state. It's held at the Waterfront, is cash-only and hosts cooking demonstrations, live music, a wine and beer garden, as well as activities for the whole family.

www.biteoforegon.com

Waterfront Blues Festival

Every Fourth of July weekend, Waterfront Blues Festival is held at downtown Portland's Waterfront Park. Wailing into the waters of the Willamette since 1987, this annual event is the largest blues festival west of the Mississippi and second biggest in the U.S. Five days of music bring thousands to the popular Portland park, where more than 100 acts jam from morning 'til night.

www.waterfrontbluesfest.com

World Beat Festival

The Salem Multicultural Institute hosts this two-day festival in June every year. The festival features nearly 100 cultural vendors and exhibitors from cultures around the world, and the annual Drag-Boat Races at Salem's Riverfront Park. In 2013, there were over 21,000 visitors.

www.worldbeatfestival.org

Native American

Annual Dancing in the Square Powwow

An American Indian day of celebration and traditional dancing at Pioneer Square. The event is free and open to the public. This celebration is on the fourth Friday in September and is intended to raise awareness about the challenges that American Indian people face in this country.

www.npaihb.org

Native of America Event Neerchokikoo Powwow

The event begins with a traditional ground blessing; later, there will be an honoring for the Northwest Area Foundation which helped to make the purchase of the building possible. The powwow will also include a dinner for the public and an honoring of youth and elders in the Native community, Native American dancing, drumming and other opportunities to experience Native culture.

www.nayapdx.org/event/neerchokikoo-powwow

Northwest Indian Storytelling Festival and Emerging Tribal Storytellers Workshop

The Northwest Indian Storytellers Association (NISA) was formed in 2005 to encourage, preserve and strengthen traditional storytelling among tribes in Oregon, Washington and Idaho, and to share tribal oral cultural arts with our entire regional community. We hold storytelling festivals in Portland each fall with plans to hold a festival annually in Seattle, Washington every November.

www.wisdomoftheelders.org

Vietnamese American

Tet Festival

The Vietnamese Community of Oregon hosts an annual Tet Festival celebrating the Lunar New Year. The Festival includes food, music and dance performances, as well as the Miss Ao Dai Vietnamese Pageant.

www.congdongvietnamoregon.org

Mid-Autumn Children Festival

Tet Trung Thu, the Mid-Autumn Festival, emphasizes fun for children with dances, performances, lanterns, games and goodies for all kids to take home. It is celebrated each year in the middle of the 8th lunar month, September.

www.congdongvietnamoregon.org

NATIVE AMERICAN TRIBES

Oregon, Washington & Idaho

Burns Paiute Tribe

100 Pasigo St.
Burns, OR 97720
541.573.1910
www.burnspaiute-nsn.gov

Chehalis Tribe

420 Howanut Rd.
Oakville, WA 98568
360.273.5911
www.chehalis-nsn.gov

Confederated Tribes and Bands of the Yakama Nation

PO Box 151
Toppenish, WA 98948
509.865.5121
www.yakamanation-nsn.gov

Confederated Tribes of the Coos, Lower Umpqua & Siuslaw Indians

1245 Fulton Ave.
Coos Bay, OR 97420
541.888.9577
888.280.0726
www.ctclusi.org

Confederated Tribes of Grand Ronde

9615 Grand Ronde Rd.
Grand Ronde, OR 97347
503.879.5211
800.422.0232
www.grandronde.org

Confederated Tribes of Siletz Indians of Oregon

201 SE Swan Ave.
Siletz, OR 97380
541.444.2532
www.ctsi-nsn.us

Confederated Tribes of Umatilla

46411 Timine Way
Pendleton, OR 97801
541.276.3165
www.umatilla-nsn.us

Confederated Tribes of Warm Springs

1233 Veterans St.
Warm Springs, OR 97761
541.553.1161
www.warmsprings.com

Coquille Indian Tribe

3050 Tremont St.
North Bend, OR 97459
541.756.0904
www.coquilletribe.org

Cow Creek Band of Umpqua Indians

2371 NE Stephens St. Suite 100
Roseburg, OR 97470
541.672.9405
www.cowcreek.com

Cowlitz Indian Tribe

PO Box 2547
Longview, WA 98632
360.577.8140
www.cowlitz.org

Klamath Tribes

501 Chiloquin Blvd.
Chiloquin, OR 97624
541.783.2219
800.524.9787
www.klamathtribes.org

Nez Perce Tribe

PO Box 305
Lapwai, ID 83540
208.843.2253
www.nezperce.org

National Congress of American Indians (NCAI)

The NCAI was founded in 1944 and is the oldest, largest, and most representative American Indian and Alaska Native (AI/AN) organization. The site provides resources, news, and event information on broad interests of tribal governments and communities.
www.ncai.org

Other Resources:

The Affiliated Tribes of Northwest Indians (ATNI)

An organization dedicated to promoting tribal self determination and sovereignty.
www.atnitribes.org

Northwest Portland Area Indian Health Board

Indian Leadership for Indian Health - an advocacy group for healthy Native American communities.
www.npaihb.org

Indian Health Service

An agency within the Department of Health and Human Services that is responsible for providing federal health services to American Indians and Alaska Natives.
www.ihs.gov

DIVERSITY MEDIA

Print & Web

Asian Reporter Newspaper

922 N Killingsworth St. #1-A
Portland, OR 97217
503.283.4440
www.asianreporter.com

Confederated Umatilla Journal

46411 Timine Way
Pendleton, OR 97801
541.429.7005
www.umatilla.nsn.us/cuj.html

El Hispanic News y Mas

6700 N New York Ave. Suite 212
Portland, OR 97203
503.228.3139
www.elhispanicnews.com

El Latino de Hoy

7112 NE Sandy Blvd.
Portland, OR 97213
503.493.1106
www.ellatinodehoy.com

Indianz.Com

1000 Industrial Pkwy.
Winnebago, NE 68071
402.878.2400
www.indianz.com

Indian Country Today Media Network

590 Madison Ave.
New York, NY 10022
212.600.2086
www.indiancountrytodaymedia.network.com

Oregon Thoi Bao (Vietnamese)

vietbao.com

Địa Chỉ Công Ty Phương Đông News (Vietnamese)

8733 SE Division St. Suite 208
Portland, OR 97266
503-740-9202
portlandphuongdongnews.com

Out City (Vancouver, Seattle, and Portland)

1201 Western Ave, Suite 425,
Seattle, WA 98101
206.957.2234
www.outcity.com

Portland Chinese Times (Chinese)

8733 SE Division St., Suite 210
Portland, OR 97206
503.771.9560
www.portlandchinesetimes.com

PQ Monthly

P.O. Box 306
Portland, OR 97207
503.228.3139
www.pqmonthly.com

Noticias Latinas

524 SE 14th Ave.
Portland, OR 97214
503.227.7780
luenterprises.com

Smoke Signals

9615 Grand Ronde Rd.
Grand Ronde, OR 97347
503.879.1447
800.422.0232
www.grandronde.org/news

Oregon Jewish Life

6680 SW Capitol Hwy.
Portland, OR 97219
503.892.7401
www.ojlife.com

The Portland Observer

4747 NE Martin Luther King Blvd.
Portland, OR 97211
503.288.0033
www.portlandobserver.com

The Skanner News

415 NE Killingsworth St.
Portland, OR 97217
503.285.5555
www.theskanner.com

TV & Radio

KUNP-Portland (Univision)

2153 NE Sandy Blvd.
Portland, OR 97232
503.231.4222
kunptv.com

La Pantera 940AM

www.lapantera940.com

INTERNATIONAL RESOURCES

Consulates

Barbadian Consulate

4750 SW Trail Rd.
Tualatin, OR 97062
503.659.0283

Belgian Consulate

1024 SW Myrtle Dr.
Portland, OR 97201
503.228.0465

Canadian Consulate

805 SW Broadway, Ste. 1900
Portland, OR 97205
503.417.2166

Finnish Consulate

2730 SW Cedar Hills Blvd.
Beaverton, OR 97005
503.526.0391

French Consulate

1600 SW 4th Ave. Suite 730
Portland, OR 97201
503.725.9976

German Consulate

200 SW Market St. Suite 1695
Portland, OR 97201
503.222.0490

Guatemalan Consulate

7304 N. Campbell Ave.
Portland, OR 97217
503.530.0046

Japanese Consulate

1300 SW 5th Ave. Suite 2700
Portland, OR 97201
503.221.1811

Malaysian Consulate

4708 Fairview Blvd.
Portland, OR 97221
503.243.4472

Mexican Consulate

1305 SW 12th Ave.
Portland, OR 97201
503.274.1442
www.sre.gob.mx/portland

New Zealand Consulate

500 Hilltop Rd.
Portland, OR 97210
503.803.7129

Norwegian Consulate

4380 SW Macadam Ave.
Portland, OR 97239
503.221.0870

Philippines Consulate

2662 SW Georgian Pl.
Portland, OR 97201
503.679.6682
philippinesportland.org

South Korean Consulate

11626 SW Military Lane
Portland, OR 97219
503.636.0039

Thailand Consulate

1136 NW Hoyt St.
Portland, OR 97209
503.221.0440

Where to Obtain a Passport

Multnomah County Passport Section

501 SE Hawthorne Blvd.
Suite 175
Portland, OR 97214
503.988.3326
[www.web.multco.us/
recording/passports](http://www.web.multco.us/recording/passports)

U.S. Citizen and Immigration Services Office

1455 NW Overton St. Suite 1
Portland, OR 97209
travel.state.gov/passport

U.S. Post Office

204 SW 5th Ave
Portland, OR 97204
503.294.2399

715 NW Hoyt St
Portland, OR 97208

101 SW Madison St
Portland, OR 97204

1020 SE 7th Ave
Portland, OR 97214

www.usps.com

OHSU Resources

English Language Learner Classes

OHSU/AFSCME Career & Workplace Enhancement Center offers a variety of open enrollment, instructor-led classes including English Language Learner classes. Tutoring services are available to employees needing specific instruction in conversation, grammar, pronunciation, reading or writing, as it pertains to their job performance.
www.bit.ly/1qvQz7J

F1 Visas (i20 form)

Alison Roache Jones
503.748.7636
roacheja@ohsu.edu

J1 Visas (DS-2019 form)

Marquam Hill
Lisa Dahame
503.494.2169
dahmel@ohsu.edu

School of Nursing Visiting Scholars Program

International faculty and student scholars may request short term visits for the purpose of doing research, taking coursework, or visiting OHSU School of Nursing. Contact the office of the Senior Associate Dean of Student Affairs and Diversity for more information about potential options and availability. Contact Maureen Moncada at moncadam@ohsu.edu or call 503 494-2624

Other Resources

Foreign Embassies

Directory and search engine of the world's embassies and consulates.
www.embassyworld.com

Immigration Counseling Services

519 SW Park Ave, Suite 610
Portland, OR 97205
503.221.1689
www.ics-law.org/#1

J-1 Visa Exchange Visitor Program

Where you can learn the basics about applying for a J-1 Visa. Learn about the different programs available, sponsorship, host families and employers.
www.j1visa.state.gov

Resident Family Network

The OHSU Resident Family Network is a social and support network for families of residents, fellows, and medical students at OHSU. Their website contains resources and updates about social events.
www.orfn.wordpress.com

Social Security

This website is a resource for those looking to obtain a Social Security Number and card. These are often used for employment purposes in the US. Read about the required documents and procedures for getting a Social Security Number.
www.ssa.gov/ssnumber

Study in the States

A Department of Homeland Security website providing information for international students interested in studying in the U.S. and currently studying in the U.S.
www.studyinthestates.dhs.gov

U.S. Citizenship and Immigration Services

The Department of Homeland Security (DHS) Citizenship and Immigration Services website provides information about all citizenship statuses. This includes required forms, fee information and a multilingual resource center.

U.S. Customs and Border Protection

Customs regulations for nonresidents, information on importing your car, household items, personal effects, etc.
www.cbp.gov/xp/cgov/home.xml

U.S. Department of State

Visa information, diversity lottery, J-1 waiver information, travel advisories and warnings, etc.
www.cbp.gov/xp/cgov/home.xml

Welcome to USA

A website to learn about America, its government, healthcare, citizenship process, and more. This is a good place for international students to find information about test requirements, finance, obtaining housing and employment.
www.state.gov

Employee Resource Groups

An employee resource group (ERG) is an OHSU-sponsored, employee-managed group of staff, faculty and students who share a similar background. ERGs create opportunities for career development, social support, networking, and community participation. Established groups include:

- African American
- Asian Pacific Islander
- Disability
- International
- Latinos Unidos Organization
- Native American
- OHSU Pride

Contact cdi@ohsu.edu for more information.

ARTS & CULTURAL INSTITUTIONS

Business for Culture and the Arts

Business for Culture and the Arts connects business and the arts through events, workshops and advocacy.
businessculturearts.org/

Ethos Music Center

Ethos Music Center is dedicated to the promotion of music and music based education for youth in underserved communities.
www.ethos.org

Kalakendra- Society for the Performing Art of India

Kalakendra's promotes and enhances awareness of the various performing arts of the Indian subcontinent through concerts, recitals and more.
www.kalakendra.org

Lan Su Chinese Garden

Taking up an entire city block in downtown Portland, the Classical Chinese Garden houses a lake, Tqai Hu rocks, 51 unique leak windows, a tea house, and a gift store.
www.lansugarden.org

Miracle Theatre Group

The Miracle Theatre Group is committed to providing extraordinary Latino theatre, culture and arts education experiences for the enrichment of all communities.
www.milagro.org

Museum of Contemporary Craft

The Museum of Contemporary Craft features dynamic exhibitions and provocative public programming and strives to spark dialogue about the role of craft and design in contemporary culture.
museumofcontemporarycraft.org

Northwest Neighborhood Cultural Center

The Northwest Neighborhood Cultural center has been an integral resource to Northwest Portland and the broader metropolitan area for decades, listed on the National Registry of Historic Places.
sites.google.com/site/nwnccorg

Oregon Historical Society and Oregon History Museum

The OHS artifacts collection comprises over 85,000 artifacts, including ancient objects from the earliest settlements, and objects to illustrate exploration in the Oregon country.
www.ohs.org

Oregon Nikkei Legacy Center

The Oregon Nikkei Legacy Center serves as a focal point for the preservation of the history and culture of the Japanese American community.
www.oregonnikkei.org

Oregon Rail Heritage Foundation

The ORHF preserves Portland's heritage of railroads and houses three historic steam locomotives. This provides these treasures with a permanent home and a place where guests can learn about their legacy, as well as attend events and tours.
www.orhf.org

Pittock Mansion

This historic mansion built in 1914 was home to pioneers Henry and Georgiana Pittock who were influential in making Portland the city it is today. The mansion has been preserved as a place to learn about Portland's history and development.
www.racc.org

Portland Art Museum

The mission of the Portland Art Museum is to provide access to art of enduring quality. The museum's collections include large amounts of Asian and Native American art.
www.pam.org

Portland Center Stage

Portland Center Stage dares to make theater as ravishing, innovative and thought provoking as our wildest dreams.
www.pcs.org

Portland Center for the Performing Arts

The Portland Center for the Performing Arts is a multi-venue complex, home to the Oregon Symphony, Ballet Theatre, Tears of Joy Puppet Theatre, Portland Opera, and Oregon Children's Theatre.
www.portland5.com

Regional Arts & Culture Council

The RACC serves artists, art organizations, schools and residents throughout the Portland area with arts-related assistance and programs.
www.racc.org

The Grotto

The National Sanctuary of Our Sorrowful Mother is a beautiful 62 acre catholic shrine and botanical garden. It is administered by the Friars of the Order of Servants of Mary.
www.thegrotto.org

The Japanese Garden

The garden includes a formal Japanese tea house, streams, intimate walkways, and an unsurpassed view of Mt. Hood.
www.japanesegarden.com

SPORTS & OUTDOORS

African American Outdoors Association

Guided hikes, kayak & ski trips
www.africanamericanoutdoors.com

Bicycle Transportation Alliance

Promoting bicycling in Oregon
503.226.0676
www.btaoregon.org

Bike+Walk Maps in Portland

Portland-area walking and cycling maps
www.portlandoregon.gov/transportation/39402

Cycle Oregon

Back-road riding across the state
503.287.0405
www.cycleoregon.com

Dragon Sports

Dragonboat and outrigger canoe racing
www.dragonsports.org

Historic Timberline Lodge

Winter sports, from skiing to snowboarding
503.272.3311
www.timberlinelodge.com

Hood to Coast Relay

195-mile relay road race
503.292.4626
www.hoodtocoast.com

Mt. Hood Meadows Ski Resort

Winter sports in Mt. Hood National Forest
503.337.2222
www.skihood.com

Northwest Independent Baseball League

Adult baseball in Portland metro area
503.208.2009
nwibl.org

Oregon Adult Soccer Association

Outdoor soccer for men and women
503.292.1814
503.778.5600 (Spanish)
www.oregonadultsoccer.com

Oregon Disability Sports

Sports for people with physical disabilities
503.241.0850
www.oregondisabilitysports.net

Oregon Martial Arts

Muay thai, Brazilian jiu jitsu
503.598.8055
www.oregonmartialarts.com

Oregon Masters Swimming

Swim events for all ages and abilities
www.swimoregon.org

Oregon Road Runners Club

Road races throughout Oregon
503.646.7867
www.orrc.net

Portland Basketball

Men's, women's, and coed teams
503.597.8819
portlandbasketball.com

Portland Football

5-man and 8-man flag football teams
503.597.8819
portlandfootball.com

Portland Hikers Field Guide

Online resource for great hikes
www.portlandhikersfieldguide.org

Portland Indoor Soccer

Men's, women's and coed team competitions
503.231.6368
www.pdxindoorsoccer.com

Portland Marathon

Oregon's largest annual road race
503.226.1111
www.portlandmarathon.org

Portland Rock Gym

Indoor climbing gym
503.232.8310
www.portlandrockgym.com

Portland Shaolin Center

Martial arts, kungfu, tai chi
503.737.5025
www.portlandshaolin.com

Portland Triathlon Club

Training events for novice to veteran athletes
www.pdxtriclub.org

Portland Volleyball Association

Co-ed, men's and women's leagues
portlandvolleyball.org

Rose City Rollers

All-female roller derby league
www.rosecityrollers.com

Stumptown Disc Golf

Dedicated to promoting disc golf in the Portland metro area.
503.512.0734
www.stumptowndiscgolf.org

OHSU CONTACTS

Academic and Student Affairs

503.494.7878
acad@ohsu.edu

Affirmative Action & Equal Opportunity

503.494.5148
aaeo@ohsu.edu

Cashiers Office

503.494.8243
cashiers@ohsu.edu

Campus Store

503.494.7708
studentcenter@ohsu.edu

Center for Diversity & Inclusion

503.494.5657
cdi@ohsu.edu

Global Health Center

503.494.0387
ghc@ohsu.edu

Hospital and Clinics

503.494.8311
askus@ohsu.edu

Human Resources

503.494.8060
jobs@ohsu.edu

Integrity Office

503.494.8849
oioeduc@ohsu.edu

Library Information Center

503.494.3462
library@ohsu.edu

March Wellness

503.418.6272

Main Switchboard

503.494.8311

Office of International Affairs

503.418.4476
nylund@ohsu.edu

Office of International Services

503.494.2169
OIS@ohsu.edu

Office of the Registrar

503.494.7800
regohsu@ohsu.edu

Office of Student Financial Aid

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Public Safety

503.494.7744
pubsafe@ohsu.edu

School of Dentistry Dean's Office

503.494.8801
marucha@ohsu.edu

School of Medicine Dean's Office

503.494.8220
somgrad@ohsu.edu

School of Nursing Dean's Office

503.494.7444
bakewels@ohsu.edu

Spiritual Support

503.494.8777
feedback@ohsu.edu

Student Access

503.494.0082
studentaccess@ohsu.edu

Student Center

503.494.8295
studentcenter@ohsu.edu

Student Health Service

503.494.8665
askjbthealth@ohsu.edu

Transportation and Parking

503.494.8283
parking@ohsu.edu

Affirmative Action & Equal Opportunity

OHSU's Office of Affirmative Action and Equal Opportunity (AAEO) offers a variety of services covering the areas of AAEO education and in the form of quarterly trainings, brown bag lunch sessions and on-site department training. AAEO offers assistance and answers questions related to the Americans with Disabilities Act accommodation requests. The office also is responsible for the creation of the annual OHSU Affirmative Action plan.

Learn more at
www.ohsu.edu/AAEO



Center for Diversity & Inclusion
3181 SW Sam Jackson Park Road
Portland, Oregon 97239
503 494-5657

www.ohsu.edu/diversity

 facebook.com/OHSU.CDI
 twitter.com/OHSU_CDI

OHSU Diversity Resources

ACADEMIC & STUDENT AFFAIRS

503 494-7878 | www.ohsu.edu/student-services

AFFIRMATIVE ACTION & EQUAL OPPORTUNITY

503 494-5148 | www.ohsu.edu/aaeo

CENTER FOR DIVERSITY & INCLUSION

503 494-5657 | www.ohsu.edu/diversity

GLOBAL HEALTH CENTER

503 494-0387 | www.ohsu.edu/globalhealth

HUMAN RESOURCES

503 494-8060 | www.ohsu.edu/hr

INTERPRETER SERVICES

503 494-2800 | www.ohsu.edu/advocate/interpreter_services.html

STUDENT ACCESS

503 494-0082 | www.ohsu.edu/student-access

Change can't happen if we see things just one way. That's why diversity is important to who we are. We are proud to be an equal opportunity employer.